

3-15 Interviewing Tips

Remember to:

- ◆ Get a stop date for breastfeeding

- ◆ Diet Hx:
 - Ask if they got formula in the hospital
 - Date is for first exposure to item(need month, day and year)
 - For servings of breast milk, make sure to ask if they get up in the night to feed.
 - Let them say how many servings and try to get them to narrow it down (**don't** prompt)
 - At the end of the grid prompt the parent with the “other” foods listed on the back of the grid (i.e. have they had any spaghetti, french fries, etc).
 - Recheck the diet grid to make sure it makes sense (boxes filled in match with date of first exposure)

- ◆ Vitamins:
 - Get date of first exposure (month and year)
 - Amount is per pill
 - When asking how many weeks—12 weeks/3 mo and 52 weeks/year

- ◆ Allergies:
 - The allergy is the main concern, after telling them at the beginning to tell them that they should let you know if they have not been exposed, just ask about the allergy.
 - Check to see if they have been reexposed to an allergen and if they continue to be allergic
 - Under “other fruits” prompt with melons or berries
 - Under “wheat” prompt with anything made with flour

- ◆ Illnesses:
 - Remember to describe the sick episodes as anything that made them **unable to participate in their normal activities** (affected their eating or sleeping would count)

- ◆ Daycare:
 - Ask about daycare at church, or at the gym
 - Get the majority of the info on the primary daycare (the one they spend the MOST time at).

- ◆ At **Six Month Interview** Only:
 - Pets question, Q # 9 & 10, and CEDAR wheat questions.